

Faculty for Sport and Physical Education / COLLEGE FOR SPORTS JOURNALISM / Theory of Sport

Course:	Theory of Sport			
Course ID	Course status	Semester	ECTS credits	Lessons (Lessons+Exercises+Laboratory)
1933	Mandatory	1	5	2+1+0
Programs	COLLEGE FOR SPORTS JOURNALISM			
Prerequisites	There are no prerequisites required for signing up for this course			
Aims	The aim of the Theory of Sport as a course can be seen in stimulating students' spiritual efforts to consider the very foundations of the profession they have chosen, i.e. their efforts for its further development and revision. Explaining certain morphological, practical and epistemological processes for independent professional development			
Learning outcomes	Having passed this course, the student will be able to: 1. Represent to the public the importance of physical culture and its segments (physical education, sports recreation, and especially sport); 2. Point to and suggest the functions of sport; 3. More easily recognise and convey to the public the foundations of sport from the terminological definitions, processes in sport; 4. Recognise the characteristics of sport, forms of sport; Influence the development of the awareness of ethics in sport, i.e. politics and sport, but also of suppressing negative consequences, such as violence, vandalism			
Lecturer / Teaching assistant	Prof.dr Duško Bjelica /195872/; Teaching assistant: Milan Jovanović			
Methodology	Lectures, task solving, seminar papers, consultations, exams.			
Plan and program of work				
Preparing week	Preparation and registration of the semester			
I week lectures	Preparation for and enrolment on the course			
I week exercises				
II week lectures	The subject, tasks and importance of the theory of sport; Scientific and practical prerequisites of the development of sport.			
II week exercises				
III week lectures	The structure and development of sport; The basic characteristics of sport; Forms of sport			
III week exercises				
IV week lectures	The function of sport; Classification of sports branches; Culture and physical culture			
IV week exercises				
V week lectures	The basic terms and terminological delimitations; The rules, schedule and propositions of competitions			
V week exercises				
VI week lectures	Factors that influence competition activities of athletes			
VI week exercises				
VII week lectures	Mid-term exam			
VII week exercises				
VIII week lectures	Sport as a form of physical culture; Ethics in sport; Dualism of ethics in sport; An athlete as a personality			
VIII week exercises				
IX week lectures	Definition and the basic characteristics of the game; The functions of the game			
IX week exercises				
X week lectures	Classification of games; Game as a form of physical culture; Moral aspects of doping.			
X week exercises				
XI week lectures	Classification of sport; The school, registered, recreational, amateur, professional and top sport			
XI week exercises				
XII week lectures	Sport and politics; Violence in sport; Sports vandalism; Violence against young people			
XII week exercises				

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XIII week lectures	Sports equipment; Factors in sport The regulation and organisation of competitions					
XIII week exercises						
XIV week lectures	Second exam					
XIV week exercises						
XV week lectures	Final exam					
XV week exercises						
Student workload	Weekly: 5 credits x 40/30 = 6 hours Structure of the workload: 4 hours of theoretical lectures 2 hours and 40 minutes of independent work, including consultations During the semester: Lectures and final exam: 6,40 x 16= 106 hours and 40 minutes Necessary preparations before the start of the semester (administration, registration, certification) 2 x (6 hours 40 minutes) = 13 hours and 20 minutes Total hours for the course: 5 x 30 = 150 hours Additional work for the preparation of the makeup final exam, including taking the makeup final exam from 0 to 30 hours Structure of the workload: 106,40 hours (teaching) + 8 hours (preparation) + 30 hours (additional work)					
Per week			Per semester			
5 credits x 40/30=6 hours and 40 minuts 2 sat(a) theoretical classes 0 sat(a) practical classes 1 excercises 3 hour(s) i 40 minuts of independent work, including consultations			Classes and final exam: 6 hour(s) i 40 minuts x 16 =106 hour(s) i 40 minuts Necessary preparation before the beginning of the semester (administration, registration, certification): 6 hour(s) i 40 minuts x 2 =13 hour(s) i 20 minuts Total workload for the subject: 5 x 30=150 hour(s) Additional work for exam preparation in the preparing exam period, including taking the remedial exam from 0 to 30 hours (remaining time from the first two items to the total load for the item) 30 hour(s) i 0 minuts Workload structure: 106 hour(s) i 40 minuts (courses), 13 hour(s) i 20 minuts (preparation), 30 hour(s) i 0 minuts (additional work)			
Student obligations			Students are obliged to attend the lectures, actively participate in the theoretical and practical classes and exercises, and do two exams.			
Consultations						
Literature			Bjelica, D. (2005). Teorija sporta. Skripta. Fakultet za sport i fizičko vaspitanje Nikšić.; Mašić, Z., Đukanović, N. (2008). Teorija sporta. Medicinska akademija US Medical School. Beograd.; Živanović, N. Teorija sporta, Niš.; Tomić, D. Teorija sporta. B			
Examination methods			Two exams 22 points each (44 in total). Seminar papers 6 points. Final exam: 50 points. The passing grade is achieved if the student cumulatively earns 51 points and regularly attends the classes.			
Special remarks			: Exercises are organised for a group up to 20 students			
Comment			none			
Grade:	F	E	D	C	B	A
Number of points	less than 50 points	greater than or equal to 50 points and less than 60 points	greater than or equal to 60 points and less than 70 points	greater than or equal to 70 points and less than 80 points	greater than or equal to 80 points and less than 90 points	greater than or equal to 90 points