

Faculty of Philosophy / PRESCHOOL EDUCATION AND UPBRINGING / Health education and hygiene

Course:	Health education and hygiene			
Course ID	Course status	Semester	ECTS credits	Lessons (Lessons+Exercises+Laboratory)
2667	Mandatory	5	5	3+1+0
Programs	PRESCHOOL EDUCATION AND UPBRINGING			
Prerequisites	none			
Aims	Acquaintance of students with basic knowledge in the field of hygiene and the most prevalent diseases in preschool and school age.			
Learning outcomes	After the student passes this exam, he/she will be able to: 1. using the knowledge of the basics of hygiene and general health education, explain immunity, the basics of mandatory and optional vaccines, the need for vaccination, 2. notice the most common infectious diseases in preschool and school institutions, 3 .discovers adolescent neuroses and phobias.			
Lecturer / Teaching assistant	prof.dr Emilija Nikolic			
Methodology	colloquiums, test			
Plan and program of work				
Preparing week	Preparation and registration of the semester			
I week lectures	The concept of health and the emergence of disease			
I week exercises	The concept of health and the emergence of disease			
II week lectures	Childrens Health Care Program			
II week exercises	Childrens Health Care Program			
III week lectures	Epidemiology of the infective disease			
III week exercises	Epidemiology of the infective disease			
IV week lectures	Vaccine			
IV week exercises	Vaccine			
V week lectures	Water and circulation in the nature			
V week exercises	Water and circulation in the nature			
VI week lectures	Colloquium 1			
VI week exercises	Colloquium 1			
VII week lectures	Noninfective disease			
VII week exercises	Noninfective disease			
VIII week lectures	Asthma, Allergy,			
VIII week exercises	Infective disease			
IX week lectures	Infective disease			
IX week exercises	Personal hygiene			
X week lectures	Personal hygiene			
X week exercises	Anorexia neurosa, Enuresis nocturna			
XI week lectures	Anorexia neurosa, Enuresis nocturna			
XI week exercises	Colloquium 2			
XII week lectures	Colloquium 2			
XII week exercises	Virrrosis			
XIII week lectures	Virrrosis			
XIII week exercises	Energy consumption and factors			
XIV week lectures	Energy consumption and factors			

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XIV week exercises	Energy consumption and Factors in Childhood					
XV week lectures	Energy consumption and factors in childhood					
XV week exercises	Energy Consumption and Factors in Childhood					
Student workload	classes per week 5 credits x 40/30 = 4 hours Structure: 2 hours of lectures, 2 hours of exercises, 2 hours of independent work in preparation for the colloquium, including consultations Teaching and final exam 4 hours x 16 = 64 hours Necessary preparations before the beginning of the semester 2 x 4 hours = 8 hours Total load for the course 3 x 30 = 90 hours Additional work for exam preparation in the remedial exam period, including taking the remedial exam from 0-18 hours Load structure 64 hours, teaching + 8 hours - preparation + 18 hours - supplementary work					
Per week			Per semester			
5 credits x 40/30=6 hours and 40 minuts 3 sat(a) theoretical classes 0 sat(a) practical classes 1 excercises 2 hour(s) i 40 minuts of independent work, including consultations			Classes and final exam: 6 hour(s) i 40 minuts x 16 =106 hour(s) i 40 minuts Necessary preparation before the beginning of the semester (administration, registration, certification): 6 hour(s) i 40 minuts x 2 =13 hour(s) i 20 minuts Total workload for the subject: 5 x 30=150 hour(s) Additional work for exam preparation in the preparing exam period, including taking the remedial exam from 0 to 30 hours (remaining time from the first two items to the total load for the item) 30 hour(s) i 0 minuts Workload structure: 106 hour(s) i 40 minuts (courses), 13 hour(s) i 20 minuts (preparation), 30 hour(s) i 0 minuts (additional work)			
Student obligations			Students are required to attend theoretical classes and pass two colloquiums			
Consultations			After classes			
Literature			E.Nikolic: Health education and hygiene (2019)			
Examination methods			assessment Attendance at theoretical classes - 10 points Colloquium I - 20 points Colloquium II - 20 points Final exam - 50 points A passing grade is obtained if - 50 points are collected			
Special remarks			none			
Comment			none			
Grade:	F	E	D	C	B	A
Number of points	less than 50 points	greater than or equal to 50 points and less than 60 points	greater than or equal to 60 points and less than 70 points	greater than or equal to 70 points and less than 80 points	greater than or equal to 80 points and less than 90 points	greater than or equal to 90 points