

**Faculty of Philosophy / PRESCHOOL EDUCATION AND UPBRINGING / Methodology of physical education**

<b>Course:</b>	Methodology of physical education			
<b>Course ID</b>	<b>Course status</b>	<b>Semester</b>	<b>ECTS credits</b>	<b>Lessons</b> (Lessons+Exercises+Laboratory)
854	Mandatory	4	5	3+2+0
<b>Programs</b>	PRESCHOOL EDUCATION AND UPBRINGING			
<b>Prerequisites</b>	There are no prerequisites required for signing up for this course			
<b>Aims</b>	Teaching students to independently perform all programmes and organisational forms of work in physical education teaching in their work with pre-school children.			
<b>Learning outcomes</b>	Having passed this course, the student will be able to: 1. Apply acquired knowledge and means of physical education in all age categories of pre-school children; 2. Describe the basic propositions of the impact of physical education on the organism of pre-school children; 3. Practically perform and apply all organisational forms of work in physical education teaching for pre-school children; 4. Dose, distribute and control the workload of the body in a physical education class; 5. Observe and assess the effects of physical education on the pre-school children's development; 6. Make a high-quality written preparation for the physical education class; 7. Make and realise the plan and programme for physical education for pre-school children.			
<b>Lecturer / Teaching assistant</b>	Prof. dr Rašid Hadžić, MSc Milena Mitrović			
<b>Methodology</b>	Lectures, exercises, exams, consultations.			
<b>Plan and program of work</b>				
Preparing week	Preparation and registration of the semester			
I week lectures	The term, definition, topic, aim, tasks and the structure of physical education methodology.			
I week exercises	Demonstration of a pilot time with children younger age groups.			
II week lectures	Teacher preparation and daily class preparation (profession)			
II week exercises	Demonstration of a pilot time with children middle age groups			
III week lectures	The plan and programme of physical education for pre-school children.			
III week exercises	Demonstration of a pilot time with children older age groups			
IV week lectures	The principles and methods of physical education for pre-school children			
IV week exercises	The organization and implementation time (types of activities) with children younger age groups			
V week lectures	Means of physical education.			
V week exercises	The organization and implementation time (types of activities) with children younger age groups			
VI week lectures	Mid-term exam			
VI week exercises	First test			
VII week lectures	Conditions for the realisation of the physical education programme			
VII week exercises	The organization and implementation time (types of activities) with children younger age groups			
VIII week lectures	General methodological instructions for the work with pre-school children			
VIII week exercises	The organization and implementation time (types of activities) with children middle age groups			
IX week lectures	Intensity in the class of physical education.			
IX week exercises	The organization and implementation time (types of activities) with children middle age groups			
X week lectures	Organisational forms of activity – morning exercising, directed motor activity			
X week exercises	The organization and implementation time (types of activities) with children middle age groups			
XI week lectures	Organisational forms of activity – moving game, stroll, outing			
XI week exercises	The organization and implementation time (types of activities) with children older age groups			
XII week lectures	Second exam			
XII week exercises	Second test			
XIII week lectures	Organisational forms of activity – free activities, children's dance, events			

**ECTS catalog with learning outcomes**  
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XIII week exercises	The organization and implementation time (types of activities) with children older age groups					
XIV week lectures	Assessment and control of the effects of pre-school's children physical education					
XIV week exercises	The organization and implementation time (types of activities) with children older age groups					
XV week lectures	Planning and programming physical education of pre-school children					
XV week exercises	Assess and control the effects of physical training of children of preschool age					
<b>Student workload</b>	Weekly: 5 ECTS x 40/30 =6 hours 40 min. Structure: 3 hours of lectures 3 hours of exercises 40 minutes of independent work including consultations					
<b>Per week</b>			<b>Per semester</b>			
<b>5 credits x 40/30=6 hours and 40 minuts</b> 3 sat(a) theoretical classes 0 sat(a) practical classes 2 excercises <b>1 hour(s) i 40 minuts</b> of independent work, including consultations			Classes and final exam: <b>6 hour(s) i 40 minuts x 16 =106 hour(s) i 40 minuts</b> Necessary preparation before the beginning of the semester (administration, registration, certification): <b>6 hour(s) i 40 minuts x 2 =13 hour(s) i 20 minuts</b> Total workload for the subject: <b>5 x 30=150 hour(s)</b> Additional work for exam preparation in the preparing exam period, including taking the remedial exam from 0 to 30 hours (remaining time from the first two items to the total load for the item) <b>30 hour(s) i 0 minuts</b> Workload structure: <b>106 hour(s) i 40 minuts (courses), 13 hour(s) i 20 minuts (preparation), 30 hour(s) i 0 minuts (additional work)</b>			
<b>Student obligations</b>			Students are obliged to attend theoretical and practical lectures, plan and carry out practical teaching in pre-school institutions, participate in critical analyses of their own and others' professions and take up exams			
<b>Consultations</b>			On Mondays at 10 am			
<b>Literature</b>			1. Blagajac, S. (1995). Igra mi je hrana. Subotica. 2. Idrizović, K.(2008). Osnovi teorije i metodike fizičkog vaspitanja predškolskog i mlađjeg uzrasta. Podgorica. 3. Džinović – Kojić, D. (2002). Fizičko vaspitanje predškolskog djeteta. Beograd. 4. D			
<b>Examination methods</b>			- Two exams (15 points each; 30 points in total): - Attendance and in-class participation 10 points; - Mark from the classes-exercises led by the students 10 points; - Final exam 50 points - The passing grade is achieved if the stu			
<b>Special remarks</b>			Exercises is realised in pre-school institutions according to the current plan and programme			
<b>Comment</b>			Students will be given the work plan by thematic units and terms at the beginning of the semester.			
<b>Grade:</b>	F	E	D	C	B	A
<b>Number of points</b>	less than 50 points	greater than or equal to 50 points and less than 60 points	greater than or equal to 60 points and less than 70 points	greater than or equal to 70 points and less than 80 points	greater than or equal to 80 points and less than 90 points	greater than or equal to 90 points