**InvigoratEU Youth Labs — General Information**

The InvigoratEU Youth Labs are an innovative way of involving young European citizens in our research process and co-creating policy recommendations. The labs are designed as short workshops (of at least 2 hours) with around 15-25 participants.

The Labs are organized in 20 cities around Europe (by the respective partners):

Barcelona (CIDOP), Belgrade (CEP), Berlin (IEP), Bruges (UDE), Brussels (CEF), Chisinau (IPIS), Duisburg (UDE), Helsinki (FIIA), Krakow (UJ), Kyiv (Razumkov), Ljubljana (UDE), Maastricht (UM), Podgorica (UoM), Riga (LIIA), Rome (IAI), Skopje (UKIM), Tbilisi (PMC RC), Vilnius (VU), Warsaw (UJ), Zurich (ETH)

Participants should be 15-25 young European citizens (at least 16), ideally University students.

**Main questions for discussion**

Which meaning has enlargement policy for you?

Which challenges do you think the EU faces in terms of (1) enlargement, (2) neighborhood policy and (3) geopolitics in general?

**Recommendations**

The recommendations relate to two specific areas:

1. Recommendations for policy makers: Which kind of recommendations on how the EU can effectively invigorate its enlargement and neighbourhood policy for a resilient Europe should the consortium make to policymakers to counteract the identified challenges?
2. *Optional*: Recommendations regarding political education: How can political/civic education be improved to increase the state of knowledge of the (young) population on the issues targeted by InvigoratEU?