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HEPA Europe Newsletter

March 2020



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Welcome and updates from the HEPA Steering Committee and WHO Regional Office for Europe

The HEPA Europe Steering Committee is pleased to share this first newsletter, prepared in collaboration with WHO Regional Office for Europe. The aim of the newsletter is to increase and improve the communication with the members of the network, as well as strengthen its visibility and value. Contributions from HEPA Europe members are welcome for each issue. Further details about sharing contributions can be found further below.

The Steering Committee will meet on 7-8 May 2020 at the WHO Office for Prevention and Control of NCDs in Moscow, to further strengthen the collaboration between the HEPA Europe network and WHO/Europe. Main topics of discussion will be the upcoming HEPA Europe conference in Nice, France, as well as ongoing activities of the working groups.

For more information about the members of the steering committee, please visit the [HEPA Europe website](#)

SAVE THE DATE

16th annual meeting and 11th conference of HEPA Europe
(WHO/Europe network for the promotion of health-enhancing physical activity)

HEPA EUROPE
2-4 September 2020
NICE, FRANCE

UNIVERSITÉ CÔTE D'AZUR

Jointly organized with WHO/Europe

Upcoming HEPA Europe conference
Nice, 2-4 September 2020

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WHO/Europe and Université Côte d'Azur are pleased to invite you to the 16th annual meeting and 11th conference of HEPA Europe. The objective of the conference is to engage and connect policymakers, professionals, scientists and other stakeholders in the field of HEPA promotion. Through opportunities such as a "marketplace" where researchers can present their work to policy-makers in the area of HEPA, the conference will be a unique occasion to bridge research and HEPA policy.

Conference topics feature a wide range of issues, including policy, active transport, sport, determinants of physical activity, health outcomes, sedentary behavior and many others. It will feature keynotes, parallel oral sessions, poster sessions as well as symposia. Please visit the conference website to register or sign up for the early career researcher award.

Early Career Research Award

HEPA Europe 2020: *From Research to Policy*

As part of the 11th HEPA Europe conference in Nice, early career researchers will have the opportunity to enter this prestigious competition for scientific excellence, where outstanding work can be presented at the HEPA Europe annual conference. In line with the objectives of the conference, research with concrete links or applications to HEPA policy will be considered for the award. A jury consisting of members of the HEPA Europe Scientific Committee and staff from the WHO Regional Office for Europe, will grant the award based on an abstract submitted in advance, as well as an oral or poster presentation during the conference. This award can serve to strengthen the careers of engaged researchers at the start of their scientific journey. An award certificate, along with a special prize will be bestowed to the winners of the Early Career Research Award.



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Europe Special Supplement

In the context of the upcoming HEPA Europe conference, WHO/Europe are planning to publish a special supplement of full-text papers related to the conference topic, *An ecosystem approach to health enhancing physical activity promotion*. Full papers will be peer reviewed by guest editors and those selected will be published in the European Journal of Public Health.



Manuscripts must be submitted by the 30th March 2020 for peer review. If you would like to share a paper to be considered for this special issue, please submit your manuscript to HEPA Europe hepa europe@who.int

Close collaboration between HEPA Europe working groups and WHO/Europe

WHO/Europe has been in discussions with HEPA Europe working groups to explore potential areas for collaboration. Together with the *Workplace HEPA promotion* working group, WHO is developing a practical toolkit to support small and medium enterprises to implement workplace PA programmes. WHO/Europe is also working with members of the *Environmental approaches to HEPA promotion* working group to develop tools and guidance for the implementation of environmental interventions for physical activity. WHO/Europe are looking forward to collaborating with other working groups to jointly develop tools, new projects, and provide high-quality technical support to Member States.

If your working group would like to share a proposal, please contact Stephen Whiting from WHO/Europe: whitings@who.int



Updates from members of HEPA Europe

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The following section includes contributions shared by members of the HEPA Europe Network.

We invite you to share relevant updates for future editions of this newsletter. If your institution is interested, please share a brief description (max 100 words) and if needed, a more comprehensive one (max one page) with an accompanying link (if available) and an image.

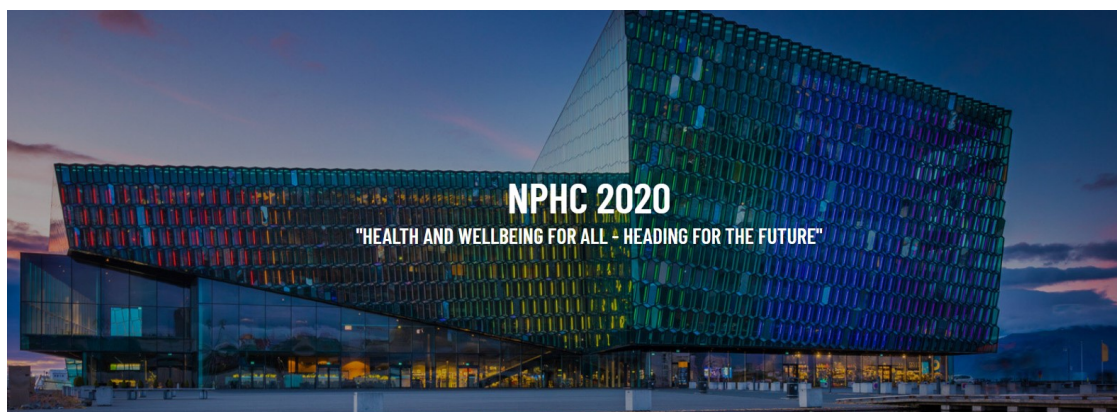
You may send this to: hepaeurope@who.int and nashl@who.int by **April 24 2020**.

We welcome:

1. Projects or activities resulting from working groups
2. New publications
3. Funding calls
4. Research opportunities
5. Upcoming conferences and events
6. Information about your institution
7. Other relevant updates

Danish health promotion package on physical activity

The Danish health promotion package on physical activity has recently been published in English. The purpose of the package is to support the work of municipalities in providing citizens with opportunities to be active as part of daily life. The health promotion package provides guidance to help municipalities effectively promote physical activity to local populations. The package provides recommendations divided into organizational and physical frameworks; programmes; information and education; and early identification.



The 13th Nordic Public Health Conference Reykjavík, Iceland 23 – 25 June

This conference presents an important platform for Nordic countries share knowledge, experience and cultivate professional relationships and networks in the field of public health. The theme of the upcoming conference is *Health and wellbeing for all – heading for the future*.

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with a toolbox to implement and work within their field. The conference will focus on maintaining the spirit of health promotion by *walking the talk*, i.e. inspire participants to make the most of opportunities to be active in the local environment.



A European Physical Activity on Prescription model (EUPAP)

The Public Health Agency of Sweden coordinates a three-year project (2019-2022), co-funded by the EU health programme, EUPAP - A European Physical Activity on Prescription model. The project aims to transfer the Swedish method of prescribing physical activity within the healthcare system (PAP-S) to nine European countries (Belgium, Denmark, Lithuania, Germany, Italy, Malta, Portugal, Romania, Spain).

Sweden is responsible for developing training courses and supporting materials, while participating countries are responsible for the implementation process.

Please visit eupap.org or [EUPAP on Facebook](#) for more information.

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HEPA Injury Prevention Working Group revitalized in 2020

During the next HEPA Europe conference in Nice, this working group will meet to discuss upcoming projects and welcome new members. The aim of the group is to address the public health impact of these injuries and work together to incorporate knowledge from the injury prevention field into safe physical activity promotion programs. Interested? The official kick-off of this working group will be in Nice during the annual meeting of HEPA Europe 2020.

Please send an email to Anne Benjaminse a.benjaminse@pl.hanze.nl if you are interested in joining this group and/or staying up to date or [follow them on twitter](#).



About HEPA Europe member institutions

The following section is dedicated to introducing members of the HEPA Europe Network. If you wish to share information about your institution, please share a short description (up to one page) with hepaeurope@who.int and nashl@who.int by **24 April 2020**.

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Faculty for Sport and Physical Education at University of Montenegro

The faculty was established in 2008 and functions as an independent unit within the University of Montenegro. It represents a diverse and vivid community dedicated to education and science, continuously improving itself. The faculty is actively publishing scientific papers in internationally recognized journals, participating in plenaries and committees and taking active roles in regional and international projects.

Physical Activity, Sports & Health research group, Department of Movement Sciences, KU Leuven (Belgium)

This research group was established in 2012. The approach is multidisciplinary and mainly focuses on epidemiology and determinants of health-related behaviors as well as theory-driven behaviour change interventions. Both theoretical and empirical research is conducted through two main research lines: the Physical Activity for Fitness and Health line and the Leadership for Team Effectiveness and Motivation in Sport & Physical Activity research line.



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hepaeurope@who.int

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