**UNIVERSITY OF MONTENEGRO**

**MOCK TEST – I coll.**

**ENGLISH LANGUAGE IV – level**

**I Reading comprehension.**

**Researchers say jogging alone is unhealthy.**

*A newly published report indicates that jogging could have adverse health effects, especially for those who do it alone. A team of researchers from Harvard University has suggested that going for a run on your own is not as healthy as previously believed and is nowhere near as beneficial as jogging as part of a group. They suggested it could actually be detrimental to one’s health. Experiments conducted on rats indicated that running alone raises stress levels and stifles brain cell regeneration. Professor Elizabeth Gould, who led the research, said: “These results suggest that, in the absence of social interaction, a normally beneficial experience can exert a potentially deleterious influence on the brain.”*

*The researchers monitored two groups of rats on exercise wheels. One group exercised alone, the other as part of a rodent jogging team. After two weeks, the scientists conducted tests to ascertain the rate of brain cell growth in all of the test animals. The results revealed that the communal joggers had double the amount of new brain cells as the solo runners. Professor Gould concluded that: “When experienced in a group setting, running stimulates neurogenesis (brain cell growth). However, when running occurs in social isolation, these positive effects are suppressed.” Joggers around the world should perhaps take the research with a pinch of salt and remember that jogging is healthier than the rat race.*

**1. Answer the following questions using your own words but taking into account the information in the text. (2 points)**

a. According to the text, is jogging alone beneficial for our health? Why?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

b. Has this piece of research been tested on humans?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2. Are the following statements TRUE or FALSE? Identify the part of the text that supports your answer. (1.5 points)**

a. *Jogging with rats stimulates the brain cell production*: \_\_\_\_\_\_\_\_

Evidence:

b. *Jogging rats produce more brain cells if they do it in group*: \_\_\_\_\_\_\_\_

Evidence:

**3. Find a synonym for each of the four words (1 point)**

**announce \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_; scientist \_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**block \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_; examine \_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**4. Choose *a*, *b* or *c* in each question below. Only one choice is correct. (1.5 points)**

1. Some Harvard researchers claim that jogging alone

*a. is not healthy. b. is as healthy as it was thought. c. is not as healthy as it was thought.*

2. Jogging alone

*a. increases the production of brain cells. b. increases the size of the brain.*

*c. reduces the production of brain cells.*

3. The report suggests that if you decide to go jogging

*a. you should do it on your own. b. you should do it with someone else.*

*c. you should do it when your brain tells you.*

**II Fill in the gaps the correct form of these verbs in brackets.**

1. Poker is *playing/played* by four people.
2. Jenny is so *exciting/excited* because she got a new job.
3. This game is not as *amusing/amused* as I thought.
4. My cousin is *boring/bored*; I don’t like his silly jokes.
5. I was *boring/bored* last night. There was nothing on TV.
6. Kate thinks that classical music is *amusing/amused*.
7. Mr. Morgan was so *delighted/delighting* when his son graduated.
8. Jill’s party was so *exciting/excited* when she brought the magician.
9. Sally was *watching/watched* a football match.
10. Susan’s dog was *chasing/chased* by a cat.

**III Fill in the gaps in the table with the normal and strong forms of adjectives**

|  |  |
| --- | --- |
| **Normal adjective** | **Strong adjective** |
| **Big** |  |
|  | **Hilarious** |
| **Happy** |  |
|  | **Soaked** |
| **Tired** |  |

**IV Fill in the gaps with the appropriate modal verb (CAN, CAN’T, COULD, MUST, HAVE TO, DON’T NEED, SHOULD, MAY)**

1. Your hair is too long. You \_\_\_\_\_\_\_\_\_\_\_\_\_ go to have it cut.
2. Students \_\_\_\_\_\_\_\_\_\_\_\_\_ wear school uniforms.
3. Jenny \_\_\_\_\_\_\_\_\_\_\_\_\_\_ play tennis when she was four.
4. Mike \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ possibly live in this house. It is too old.
5. Sally \_\_\_\_\_\_\_\_\_\_\_\_\_\_ be at home. The light is on.

**V Make one sentence out of these by using the relative pronoun**

\*I met a nice girl. The girl was wearing a pink dress. (*I met a nice girl WHO was wearing a pink dress)*

1. I met an old man. The man used to work for my father.

2. We went to an old house. I was born in that house.

3. Charlie bought a car. The car is red.

4. I saw a woman. The woman lives in the flat above ours.

5. This is a man. The man is a computer engineer.

**VI Insert the RELATIVE PRONOUNS in the gaps**

1. Do you remember a boy \_\_\_\_\_\_\_\_\_\_\_\_ took your bike?
2. This is a store \_\_\_\_\_\_\_\_\_\_\_\_\_ I bought my first laptop.
3. John, \_\_\_\_\_\_\_\_\_\_\_ sister lives in New York, is my best friend.
4. We bought this camera in France \_\_\_\_\_\_\_\_\_\_\_\_ we went on a trip.
5. I like films \_\_\_\_\_\_\_\_\_\_\_\_ are made in the deserts.

**VII Fill in the gaps with the appropriate phrases with the verb GET plus preposition**

**\*Call me when you reach home. ­­­­­­­­­­ (*get back*)**

1. Jim will hardly **recover** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ from his father’s death.

2. I don’t **understand** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ what you are trying to say.

3. Can you **connect me**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with Mrs Smith?

4. I **have a good relationship** ­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_with my sister.

5. I can’t **reach** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that jar. It is too high on the shelf.